

Self-Esteem Bingo.

Share one thing that is different or unique about you	I am best at _____	Share about a time you volunteered	Give yourself a compliment	Share about a time that you managed your time well
Share about a time you tried something new	Give a friend a compliment	Share one thing that is different or unique about you	Share about a goal you have set and achieved	Share about a time that you took a risk
People like me because _____	Smile at a friend	Show someone a fun or cool thing you can do	Tell someone about a good decision you made	Set a new goal
List 10 positive qualities about yourself	Share about a time you made a mistake but kept trying	Give a compliment to the person on your right	Share the best compliment you've ever gotten	My favourite skill is _____
Find a partner and take turns giving each other applause	Share about something you're good at	Tell someone your favourite thing about yourself	Share one thing you like and one thing you dislike about this activity	I feel most confident when _____

Natx
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